

1

Starter

2

Imagine you are talking to someone who knows nothing about sex and has never heard about it. In your groups, discuss and write down how you would explain what sex is to someone who knows absolutely nothing about it.

Imagine you are talking to someone who knows nothing about rape and has never heard about it. In your groups, discuss and write down how you would explain what rape is to someone who knows absolutely nothing about it.

3

Imagine you are talking to someone who knows nothing about statutory rape and has never heard about it. In your groups, discuss and write down how they would explain what statutory rape is to someone who knows absolutely nothing about it.

Answers

Sex = Consensual, Pleasure, Mutual Respect

Rape = Power, Control and NOT Consensual

Statutory Rape = Sex with a minor who cannot give consent until the age of 16, under UK law

#ConsentisEverything

consent is...
mutual active
respecting boundaries
comfortable
retractable
checking
willingly
given
♥

YES
YESTERDAY
DOESN'T
MEAN YES
TODAY.

IF IT'S NOT
CLEAR
IT'S NOT CONSENT

Session Objectives

- Establish age of consent in the UK
- Explore what freedom to consent means
- Establish difference between 'rape and sex'
- Explore impact of coercion
- Explore rape myths

Learning outcomes

I will:

- be able to explain what consent & coercion is
- be able to define statutory rape & rape
- be able to explain what Victim Blaming is
- know where I can get advice for myself or others on sexual violence

Time to dispel the myths

Complete the quiz sheet using
blue/ black pen

Answers

- Using your green pen, tick or correct your answers



Legal definition of consent

- *“agreeing by choice and having the freedom and capacity to make that choice”*
- for consent to be real someone has to:
 - a) Have a choice
 - b) Agree to that choice because they want to (say yes)
 - c) Be free to make that choice
 - d) Have the capacity (be able) to make that choice

When will someone not have the capacity (*ability*) to consent to anything sexual?

- - *under the influence of alcohol or drugs*
- - Under the age of 13
- - Asleep or unconscious
- - *Physical disability or medical condition that restricts ability to consent or to communicate consent*
- - *Mental health and learning disability which restricts ability to consent or to communicate consent*



Capacity to consent

- [Monique's story](#)
- What do you think about what Monique has said?
- **raise your hands if you think what Monique described was rape. 'How do you know?'**
- **Is anyone is unsure?**
- **Was Monique able to give 'consent'?**
- **Did she bring it on herself by drinking alcohol?**

- As human beings, both men and women have a sexual identity and the freedom to choose how to express this.
- Both women and men can and do initiate sex and both women and men can and do choose whether or not they want to have sex.
- **The choice to consent or not to consent, is a right we all have as human beings and is important for you to know and understand your own rights whilst also acknowledging and respecting other people's rights.**

Consent and Gender

[Kate's story](#)

- **What do you think about what Kate has said?**
- **Did Kate lead them on by wearing a revealing top? Would it not have happened if she'd covered up?**
- **Put your hands up if you think the boys got consent from Kate.**
- **Raise your hands if you think what Kate described was rape**
- **Did Kate have the freedom to choose and give consent?**
- **How might Kate feel about what happened?**
- **What would she need from anyone she told?**

Gavin – A boy's perspective

- **What do you think about what Gavin has said?**
- **Has your opinion changed? Do you still think what happened was rape?**
- **Put your hands up if you think Gavin raped Kate.**
- **Those with your hands up- 'How do you know?'**
- **As Gavin didn't want to do it, do you think that this changes what happened to Kate and how she feels?**
- **What do you think Gavin could have done instead?**
- **Did Gavin actively seek consent from Kate?**

What is Victim blaming?

- **Term used when survivors of rape, sexual assault or abuse are blamed in some way for how someone else chose to treat them.**
- **Some of the myths from the quiz are also tactics used to take the blame away from the perpetrator and excuse what they chose to do.**

THE PERPERTRATOR IS ALWAYS TO BLAME

Put under pressure

- Coercion is the use of threats, intimidation, and manipulation or lies to get someone to do what you want them to do.
- If you are being coerced you do not have the freedom to give consent.
- If someone cared about you, they **would not** try to coerce you into doing something you do not want to do.



How do you know if someone wants to do something?

- *verbal consent*
- *Body language and actions speak volumes*
- *reciprocity* (in this case, The feelings mutual)

Anything less than an enthusiastic yes is a NO.

Rajveer's story

- 19 year old Rajveer fell head over heels for a girl called Kimberley. She told him she was 17 and attended college. Things progressed quickly, soon they were in a relationship; however, she would not disclose her address, the name of her school, details to her Insta page and she had a curfew of 8pm. Rajveer thought her secretive behaviour was strange and not really appropriate for someone her age but didn't challenge it. She also seemed a little immature for 17 and her best friends were very childish. Still, Rajveer chose to overlook this as well because she was just so beautiful and great fun to be around. .

Do you think there is a problem with her being so secretive?

What would you advise Rajveer to do? Why?

Rajveer's story

- The relationship advanced further and they became more intimate. Rajveer asked her if she was ready to take the biggest step and she said 'yes'. Rajveer sought consent and Kimberly gave her consent. Rajveer had taken her virginity. It was special moment for both of them.
- A couple of week's later, Rajveer took his 14 year old brother , Amrit, to the park on the weekend, when Amrit spotted a group of kids from his class. Amongst them was a girl who bared an uncanny resemblance to Kim.....in fact, it was Kim. Kimberley had lied and was actually a 13 year old girl, in year 9. Horrified, Raj left the park with his brother and immediately called her to tell her it was over and that he could get in serious trouble with the law. Kim took the news very badly.
- **Why might he get into trouble with the law? She consented to sex.**
- **How might Rajveer be feeling?**
- **If this news gets out to his friends and family, how might it impact**

Rajveer's Story

- Kimberley 'Cried Wolf' – Kim felt hurt, angry and stupid and wanted to hurt Raj in the worst way possible. In an act of revenge she told her parents about him- embellishing one key part of the story..... ***“ He forced me to have sex with him”***.
- **Did he rape her?**
- **What do you think happened to Raj?**
- **What could he be charged with?**
- **If found guilty what might happen to him? Consider impact on employment, family, future relationships and him personally.**

FACT

- *The law clearly states that ‘it is the person seeking consent who is responsible for ensuring that consent is given and that a person had capacity to consent’.*
- Who was seeking consent? Raj or Kim?
- Did Kim have the capacity to consent?
- *‘Where someone is unsure if a person is able to consent, they should assume they can’t’.*
- Was Rajveer ever unsure of her age?
- What could/should he have done to avoid this situation from every occurring?

Where to go for help and support

- **Services for women and girls**

- RAPE CRISIS NATIONAL HELPLINE Helpline: 0808 802 9999 www.rapecrisis.org.uk
- WOMEN'S AID Helpline: 0808 2000 247 www.womensaid.org.uk
- NSPCC Childline Helpline: 0800 1111 www.childline.org.uk

- **Services for men and boys**

- SURVIVORS UK
- www.survivorsuk.org
- NSPCC Childline Helpline: 0800 1111 www.childline.org.uk

- **Services for concerned adults and parents**

- NSPCC Child Protection Helpline: 0808 800 500 www.nspcc.org.uk
- MOSAC Helpline: 0800 980 1958 www.mosac.org.uk

- **Services for perpetrators**

- RESPECT
- www.respect.uk.net
- STOP IT NOW!
- Helpline: 0808 1000 900 www.stopitnow.org.uk