



Just Seven Kings



Website: www.sevenkings.school
E-mail: contact@sevenkings.school

Friendship . Excellence . Opportunity

16th February 2024

Seven Kings Half-Termly Newsletter

Dear All

We end Spring 1 a tired school as we seem to be the only borough still open! We have had trips and sporting activities a plenty this half term as we continue to improve our opportunities offer to **all** our young people. We have also had concerts and performances as we also commit to ensuring all our students take part in a public performance. We are all ambitious for our children and we do need to ensure they have the skills and muscle memory, that they have got this - a can do approach, needed to be able to compete on a level playing field in their futures with young people across the country and beyond. I do hope you commit to taking your children to some activity next week that will remind them they live in a wonderful, capital city and they should exploit this.

We continue to commit to **reading** and **oracy** as the cornerstone of all we do; we are also working on:

- Our provision to all of our young people both in terms of teaching, resources and opportunities in and outside the classroom
- Leadership development and opportunities within our staff and student body
- We also have a focus on Key Stage 5 (6th Form) and ensuring our young people get to their plan A.



We have high expectations of all our young people and you would not want anything less. I do have to remind you as parents it is your job to ensure your children do not bring banned items into school. This includes phones and also vapes. Your child will receive a suspension if they bring in or are found with students vaping. Please do not challenge us on this but talk to your child and make this expectation clear and if you have doubts check their bag and blazer. If your child is vaping then please inform us as we can get the support needed to help them stop. The research on vapes is deeply concerning and noticeably China has banned certain vapes in their own country but still export them to the UK. THC sweets or vapes will be treated as cannabis and will lead to a permanent exclusion. My job is to keep all children safe and I take this seriously. The reactions to THC can be life limiting. If you need support with any of these issues please do

contact me.

We have had a number of parents asking for support with phones and gaming platforms where children's addiction is causing tensions at home, especially when revision and home learning is not being completed. We again have the resources to support here; we have also joined with a company to work on such issues with parents and as you know we are far more powerful when we work together. If you are interested in joining any support group please do contact me.



We are currently fully staffed. Given the government missed its recruitment target this year by 70% it is going to get harder; we are lucky staff want to come and work at Seven Kings and we are fortunate that our ex-students who train as teachers want to come back and teach at Seven Kings but, as I have stated before, our exit interviews do show that parental reaction has been the trigger for outstanding teachers leaving Seven Kings. I am hoping our work with an external company we are collaborating with will also get us to look at our practices as a school and parent body to make sure this is the school everyone wants to teach and stay at.

We do say goodbye to Mr Chapman, our Learning Mentor, who is leaving to be a foster parent and those who have met him will know how fitting a role that is for him. We wish him happiness in this fulfilling role. We welcome back Ms Hands, our Learning Leader of Science, from maternity leave.



A short half term when we return and 40 school days to Year 11 and 13's examinations. They are committed and motivated and we wish them well. It is a reminder summer is on the way and I do want to remind you on that note, those who are taking holidays in term time the data clearly shows the correlation between success and attendance. I will fine families because I am here to champion young people and I know it will affect their success and impact their long-term future. A grade difference in maths at GCSE is a £15000 salary difference. We have long holidays and when we ask for flight details often the last-minute reason for leaving is not backed up by the ticket bought weeks ago. So please do not make up a reason for going as then when there is a genuine reason we cannot support our young people; also, our relationship is built on trust. You come to Seven Kings to give your child the best chance and then undermine this by taking them out of school for a long period of time. There is and will be no expectation for a teacher to catch a child up, doing so in 13 subjects is impossible.

Finally, our social action group this year has chosen global conflict as their theme. Ms Begum, Head of Primary, and myself were deeply moved attending their session with our partners Eastside Primetime. The fact our children want to take on a global theme reminds us just how ambitious our children are for themselves, our community and beyond.

Two visitors wrote to me after a walk around both campuses this half term; they said a visit to Seven Kings made them realise this was their happy place because they could see their vision of education was possible and does exist. *"The whole school environment is one of positivity. Everybody, staff and students, seem to be enjoying what they are doing. Learning is happy. Relationships are positive. Staff and students are trusted, and make themselves worthy of this trust"*.

This year the name of Seven Kings is 50 years old; though the school itself is obviously much older. We will in the summer celebrate this milestone as I have realised over the years that it is important to celebrate together and I know you as our community know how to celebrate!

Have a good half term all
Best
Jane Waters



Dear All

The safer schools police team have asked that we share some information with you about being vigilant on your way to and from school. There have been a number of robberies in the local area recently and we want to ensure that all of our community are kept safe. If you or your child should be approached by anyone on your way to and from school please report this to the school office as soon as practically possible so that the safer schools police team can be made aware. For all children attending clubs after school please ensure that parents/carers know what time the clubs are finished and that appropriate arrangements are made to get home safely. Mobile devices should not be brought into school and should not be used when leaving the school as this may make you a target. Where possible try not to walk home alone we recommend that children walk with friends or in small groups where possible.

Where incidents like this are very rare for our students as a community we need to look after each other and I would ask that we all look out for each other and that if you see someone in distress that you again report this so that we can support where needed.

Thank You

Mr Taylor
Associate Headteacher



Seven Kings School Primary Campus

Message from Miss Rukia Begum

Dear Families,

It has been a busy start to the new year this half-term and time has flown by. I would like to thank everyone in the school community for their positive attitude and determination to focus on the education of our fabulous Seven Kings students. Firstly, the students themselves deserve a huge congratulation for their positivity and the impressive way in which they have focused on their learning in school. The students continue to make progress and flourish.

Learning in school has been creative and fun with children taking part in trips and workshops to further enhance their learning as well as take part in sports competitions. We had our first music concert on the primary and our students performed exceptionally. We are proud of our student's achievements and I am sure you are too. Thank you to all the parents who have supported us.



There have been several parental workshops which have taken place where parents have had a chance to meet with the Mental Health team in Redbridge as well as a session with the Educational Psychologist around SEND. There are further sessions planned for the rest of the academic year so we do encourage you all to attend where possible.

Gates at home time: Thank you to parents who continue to line up at home time on Perth Road. Please remember to be polite and respectful to each other. We are role modelling for our children. We will continue to ask you to line up if you wait in the middle by the railing rather than lining up.

It will be a busy half term after the holidays due to it being only 4 weeks and 4 days. Therefore, can we all ensure our students attend every day. Have a restful half term.

Miss Begum

Launch of Educational Psychologist led Coffee Mornings at Seven King Primary

We had a great turnout for our inaugural EP led Coffee Mornings. Parents enjoyed hearing about the Redbridge EP service and Redbridge Education Wellbeing team (REW). We are looking forward to working with the services to plan future sessions



that we hope will support developing our children's positive mental well being. One of the services highlighted in the session included the EP Hotline.



Educational Psychology parent helpline

Would you like to talk to someone about difficulties that you or your child are experiencing during the COVID-19 pandemic? Do you need some support with creating a daily routine for your child? Are you concerned about your child's emotional wellbeing? Are you struggling to motivate your children at home or manage sibling relationships? The Educational Psychology Service are here to support you.

The Redbridge Educational Psychology Service have a dedicated telephone helpline for parents/carers where you will receive advice and guidance from a professional psychologist.

The Educational Psychology Service helpline is available for all parents and carers - your child does not need to be known to the Educational Psychology Service, does not need to have a special educational need or additional support within school. We welcome calls from all parents and carers.

- Telephone: 07741 331009
- Opening hours: Every Wednesday 10am-4pm

Pancake Day 13.02.24: Miss Veall talked to the children about Shrove Tuesday and how this marks the beginning of Lent for Christian people. She shared how this is a time where people would give up something special to them or something they enjoyed and how it would take lots of resilience to do this. Children learnt that Shrove Tuesday is also known as 'Pancake day'.



They looked at different traditions linked to Shrove Tuesday around the UK, in particular a pancake race. Children took part in a pancake race where they had to flip a pancake in a pan whilst walking quickly up and down in the hall. Everyone enjoyed cheering our participants on, we ended our assembly with some teachers including our very own Headteacher Ms Begum taking part in a pancake race too!



Primary Campus Dates for the Diary

SPRING TERM 2024

| Date | Time | Event |
|---|------------------|--|
| Friday 16 th February | | School closes at 3.05pm/3.15pm for half term |
| Monday 19 th – Friday 23 rd February | | HALF TERM - school closed |
| Monday 26 th February | | School opens |
| 4 th – 8 th March | | Book Fair |
| Thursday 7 th March | | World Book Day |
| Friday 15 th March | | Red Nose Day – Wear Something Red |
| Tuesday 26 th March | 9.00am – 10.00am | Year 6 SATS Parents Meeting |
| Thursday 28 th March | | School Closes at 3.05pm/3.15pm for Easter holidays |
| Friday 29 th March – Friday 12 th April | | School closed |

Reception

This Term

Parents, once again what a fantastic term it has been! Another term of exceptional learning and growth in our children. Our children have become confident learners, created friendship groups and have taken great pride in their classroom environment with their 'helping hands'. We had great fun with our **Terrific Tales** topic and have become great storytellers.

As we move onto Spring two, we will look at how different creatures like minibeasts move and grow, as well as explore how plants grow and their life cycle, through our topic of Come Outside.

Kindly remember to continue to upload pictures to Tapestry, as children show great excitement in sharing their home learning with their friends. Have a restful and well-deserved break!



Maths

This term we have been embedding our number knowledge and learning all about what makes the number 5. We have looked at different ways of making 5 in groups of 2 or 3. Including a bit of problem solving by trying to work out how many are hiding if we know the total. We have also been learning about capacity. We have measured and used scales. We even made bread and followed a recipe.

Maths is a practical subject and you can practise these skills in everyday activities such as meal times, tidy up time, bed time and quality family time.

Phonics and Reading

This term the children have continued to learn our Phase 3 sounds. They have been working hard on learning the digraphs, **ai, ee, oa, oo, oo, ar, or, oi, er, ur, ow** and the trigraphs **igh, ear** and **air**.



Play a game with your grown-up. Ask your grown-up to read a sound to you. Can you write the sound down? You could use different colours.

Please support your child with their reading books and don't forget to comment in their **YELLOW** reading diary.



English

This term we have been learning all about traditional tales. We have focused on The Little Red Hen, Goldilocks and Three Billy Goats Gruff. As part of this topic we have been learning to write words, phrases and simple sentences using the children's phonics knowledge.

The Children have been learning how to retell stories by sequencing key events from the story, making story maps and reciting key phrases with actions. They have also created lots of wonderful traditional tales related artwork during their VIP time.

See if your child can retell one of these stories to you at home.



Information

PE days are Tuesdays and Fridays for ALL classes. Please come dressed in your PE kit. Please ensure all clothing and water bottles are labelled.

Library Days:

Elmer-Thursday

Gruffalo -Thursday

Kipper-Monday

Paddington- Wednesday

Year 1

English

This half term, we have been learning about the continent of Africa and in particular the country of Kenya. The term started with the children sharing their wonderful dioramas of different African settings. We were so impressed with how hard all the children had worked on them at home.



We focussed on the country of Kenya and researched more about its food, culture, weather, animals and environment. Using all the information that we had found out, we

wrote impressive information texts which we presented beautifully as double-page spreads. We then began reading the story *Lila and the Secret of Rain* which is set in Kenya. We followed the main character on her journey to save her village, discussing how she was feeling and the meaning of new vocabulary we encountered. We then became authors and wrote the story in our own words. The vocabulary used by the children in the story amazed the year 1 staff.



Science

This term we are learning all about materials. We have been exploring different objects and the materials of which they are made. We have begun to look at the properties of different materials and have learnt lots of new scientific vocabulary such as durable, transparent, opaque, rough,



stretchy and bendy!

We have also really enjoyed working hard during our Forest School trips. We made bird feeders out of apples and seeds and hung them from trees in Valentines Park.

Some of us even arranged our seeds in a way so that our apples turned into spiky seeded hedgehogs! We can't wait to get back to the Forest in spring to see more seasonal changes.



Geography

This half term in Geography, we have been learning all about the weather. We have looked at the seasons in the U.K and different weathers around the world and learnt why some countries are hotter around the equator. We have explored the features of deserts, rainforest and Antarctica, which helped us understand different climates for different habitats. We loved observing weather and making our own weather charts. At home you could record your own weather report.



Maths



In maths this term we have been learning about numbers up to 20 and how to add and subtract numbers within 20. This has been quite tricky and we have spent many weeks practicing these skills as they are

super important. We can say how many tens are in 10 and 20 and we can add 1-digit numbers to 2-digit numbers using ten frames and counters, dienes and number lines. In the pictures below, we were recapping our number bonds to 10. Using that knowledge, we can find also the number bonds to 20.



For example, $1 + 9 = 10$ so we can add an extra ten to the ones to help us make 20.

$$11 + 9 = 20$$

$$1 + 19 = 20$$

We are still working on our skills to help with our problem solving and reasoning skills that will help us explain our thinking.

D.T

In DT this term, we are planning to make fruit kebabs. First we learnt about fruit and why it is important to eat them.

We looked at the "Eat Well Plate" and learnt that we need to eat lots of fruit and vegetables to be healthy as they give us vitamins and minerals. We then cut and stuck food pictures to make our very own healthy plate!



Then we tried lots of different, unusual fruits to help us make our final decisions about which fruits we should use for our fruit kebabs. We tried red grapefruit, mango, guava, dragon fruit, avocado, pineapple, sharon fruit and lychees. We really enjoyed tasting the different flavours and textures. Some of our favourites were mango and dragon fruit!



PSHE

In PSHE, we have been learning all about ourselves. We covered topics such as hygiene, in which we learnt how to wash our hands properly and made posters to stick in the bathroom. We also looked at how sleep and exercise benefits our body. We then looked at ways we can relax through mindful colouring, listening to calm music, reading a book and taking a walk outdoors.



Year 2

Thank you so much for your continuous support. We are really proud of the children's hard work and progress they are showing but we still need to improve in many areas of the curriculum.

Reading

Children need to read at home every day for at least **10 minutes**. Children take home 2 books every week - the colour-banded book and the library book. Please, ask your child questions about the book they are reading when they have finished reading for the day:

What happened in the story? (Fiction)

What is this book/poem about? (Non-fiction/Poetry)

IT ADDS UP!

If you read just 15 minutes a day, in one year you will have read over 1,000,000 words!



Maths

This term, children have learnt how to represent multiplication and division sentences.

Children now need to learn the 2, 3, 5 and 10 times tables and their related facts.

Children need to be able to answer questions very quickly such as:

$3 \times 4 =$ (Recall) - Silver

$15 \div 3 =$ (Related facts) - Gold

$___ \times 2 = 6$ (Missing numbers) - Gold

English

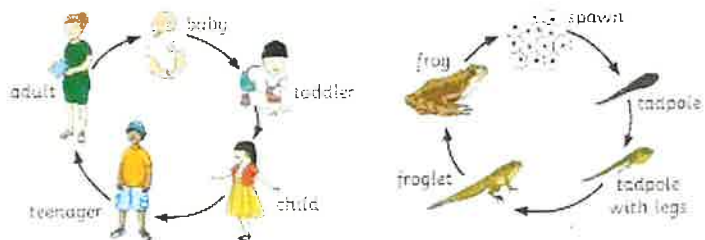
In English, children have learnt to use more conjunctions (but, so, because, when, if, that, while, as, until) and to use exclamation sentences in their

writing. They have written a monologue, a diary entry and a story. Children now need to use all the features learnt so far in their writing. They have been given a WOW writing grid with all the adjectives and words they are expected to use in their writing from now on. Children can practise using these words by writing their own personal diary entries or sentences at home. They will have access to the WOW writing grid in lessons too.



Science

In Science, children have learnt to describe how animals and humans change as they grow. They have learnt to draw and label the life cycle of different animals. In Spring 2, children will learn about animals and their habitats.



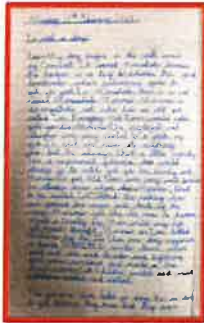
Year 3

Inhale Reading, Exhale Writing! Read our work and thoughts about the book 'Moushole Cat' by Antonia Barber. "Mousehole is an extraordinary place." (Gurmani) "I liked how we used amazing words and creative writing to make our poems our own." (Iman)

Non-fiction reports



Story map



Poem



Story

Art in Geography: We looked at landforms through the eyes of artists like Andre Derain and Scott Naismith. Which image do you prefer? Why?



Forces and Magnets:

We have conducted several investigations by comparing how objects move on different surfaces, testing the strength of magnets and using everyday materials to discover which is magnetic or non magnetic. Tell an adult your favourite investigation so far and why.



DT: Fiennes class made crunchy hummus and salad wraps, whilst practicing slicing and chopping skills using the bridge and claw technique. Peake class enjoyed making their own mazes.



Maths: On Number Day, children enjoyed a carousel of maths-themed activities



while dressed in colourful costumes representing their favourite concepts. They explored puzzles, crafted geometric shapes, and paraded proudly dressed as calculators and equations.

English: Focus on Reading

Have you had the opportunity to write a book review in the scrapbook yet? We encourage children to read regularly for pleasure which then



enables them to access and understand other subjects, ultimately improving imagination and creativity. Remember to read with your adult, date it and write your comments in the specified section. Each week, children should



have at least 5 comments about their reading! Akaran from Fiennes said: 'I love reading with my friends because if I am unsure of a word I can ask them for help!'

Year 4

Welcome to our Spring 1 newsletter. This term we have moved onto some exciting topics. In English, we are reading a new book called Leon And The Place Between and in Topic we are learning about Earthquakes and Volcanoes. Reading is a whole school focus and is something that needs to be a regular activity. Please read with the children and ask them questions about what they have read as this is vital to them being able to access work in all areas of the curriculum.

We are continuing to check the children's times tables knowledge and are testing them regularly to make sure that they know their tables. Please ensure that you are encouraging children to practice their times tables every day. Have a safe and happy break and we look forward to seeing all of the children after the half term.

Year 4 team Mrs. Jaffery (Callas Class, YGL) Mr Ashraf (Fitzgerald Class) Ms Thakee (McCartney Class) Ms O'Regan (Mozart Class)

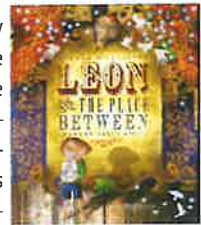
Maths

In maths we have finished our unit on multiplication and division. We have been working on multiplying and dividing by 10 and understanding what happens to the value of the digits. Over the half term please ensure the children know all of their times tables. We have now started the unit on fractions.



English

We have been reading a lovely book called Leon and The Place Between. This book has some beautiful imagery and rich vocabulary. The children have been working on writing setting descriptions using lots of adjectives and expanded noun phrases. Discuss with your child what they have learned and how they can describe the setting around them using some of the vocabulary they have learned. We also made story maps and used these to recount events in the story. We have also learned about playscripts.



Design Technology

In Design Technology the children have spent this half term designing and building mini greenhouses. They have learned some amazing skills in how to build something from scratch and a range of tools e.g. saw and glue guns.



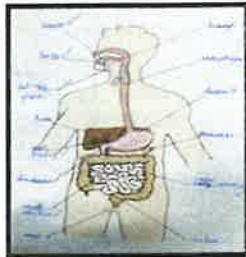
Reading— Scrapbooks

We have been sending home a scrapbook every week where the children get to showcase a book, series of books or author that they really love.



Science

In science we have started a new topic learning about ourselves and how we digest our food. We have also learned all about our teeth and how we should look after them.



Times tables certificates

We are now half way through the school year and well done these are the children who have received their times tables platinum certificate for this half term.

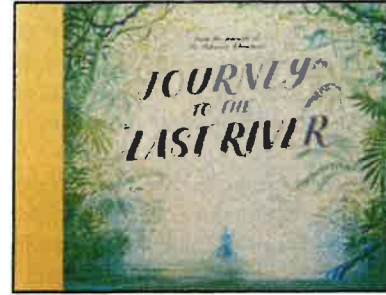
Callas class—Sara and Hashir

Fitzgerald Class Shree, Aadyaa, Zayn, Ibrahim, Yathun, Mohammed Z, Rausat, Tuba, Hamza, Ibrahim, Avneet, Lina

McCartney Class: - Zahi, Ibrahim I , Jasniga, Ibrahim S, Enaya, Taha

Year 5

In English this half term, Year 5 saw the arrival of a brand new text - 'Journey to the Last River'. We used the diary entries which make up the text to inspire a narrative including a flashback. The children were given greater ownership over how they constructed their piece of writing and had the opportunity to develop their own author's voice. We end the half term with a non-fiction piece: an information text on The Amazon Rainforest which is giving the children a chance to make links to their Geography learning on South America.



Our geography topic this half term has been all about the climate zones and biomes around the world. We have specifically focused on the Amazon Rainforest to connect themes from our English, science and geography topics. The children have learned new vocabulary to help describe the locations of different biomes (tropics of Cancer and Capricorn, equator, northern and southern hemisphere, lines of latitude and longitude etc.). Next term, we will be delving deeper into South America, looking at the culture and environment that shapes the continent.

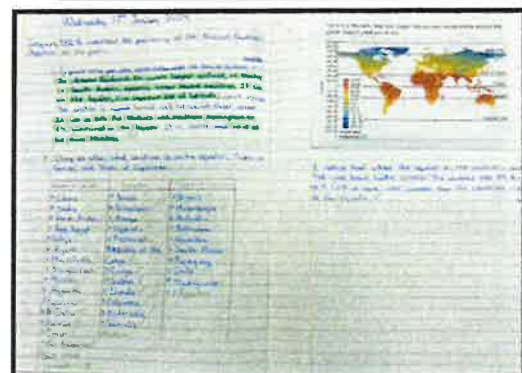
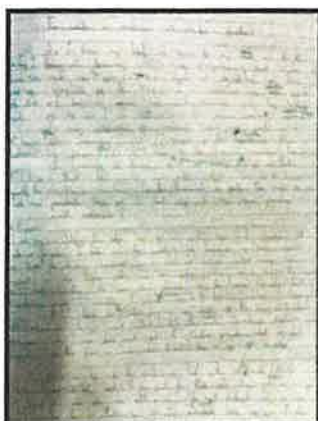
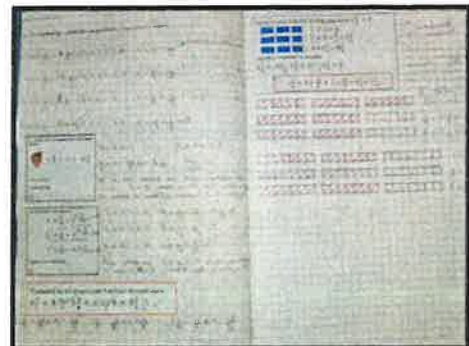


In science this term, the children have been looking at living things and their habitats. We have looked at the life cycle of a bird and compared it to those of plants where the children were able to identify some of the similarities and differences between the processes. The children also built on their knowledge from Year 3, where they labelled the important parts of a flower allowing them to delve deeper into how plants reproduce.

During this half term, the Year 5 children have been working on fractions, consolidating previous learning whilst learning new skills. The children have been comparing and ordering fractions with the same denominators or when the denominators are multiples of the same number. They have also identified, named and written equivalent fractions with the use of bar models. Additionally, the children have also worked hard to recognise mixed numbers and improper fractions whilst converting one form to the other. Using this knowledge, Year 5 have used addition and subtraction to solve fraction problems. The children are finishing the half term focussing on multiplying proper fractions and mixed numbers by an integer.



Remember to keep logging on to TTRockstars and keep practising at home. Well done to 5.3 and 5.4 for being the Times Tables winners for the last two Year Group competitions.



Year 6

It has been another incredibly busy term in Y6 and all the children should feel extremely proud of their hard work and perseverance. Our main topic this term was Ancient Egypt and we started the year by mummifying tomatoes to give pupils some insight into the mummification process which existed thousands of years ago.

Students were also invited to watch a musical show at the high school, performed by the current Y7 cohort. It was a joyous afternoon at the theatre, filled with singing, acting and dancing which was thoroughly enjoyed by all!

Science



Our science topic, the circulatory system, has inspired the children to consider the inner workings of the most vital organs and the systems required to sustain life. They thoroughly enjoyed making 'blood' (using household ingredients like food colouring) at the start of the topic, which developed their understanding of components such as plasma and blood cells both red and white. They also traced the journey blood makes around the body, taking particular note of the role the heart plays in delivering oxygen and vital nutrients to organs, whilst also removing waste.

History - Ancient Egypt

As part of the Ancient Egyptian topic, the children had the opportunity to bake bread just as the Ancient Egyptians would have, all those years ago. They had a wonderful time and were delighted to get a first look at the DT cooking facilities on the secondary site. It was a great experience and of course the best part was taking their delicious bakes home!



Well-Being

In PHSE, the children have been thinking about well-being and ways to maintain a healthy lifestyle both physically and mentally. Take a look at their top tips below





Thames Chase Monster Face Making



Friday February 23rd
£6 per child

Get creative this February half term and join us to make some fantastic faces of menacing monsters!
Suitable for primary school children and older, each child will make, paint and take home their very own monster face, made from all natural materials.
We have three sessions available on Friday 23rd Feb, each lasting one hour
Start times are 10:30am, 11:45am and 1:15pm.

To book. Call the Thames Chase Visitor Centre on 01708 642970



For more information call 01708 642970 or visit the Thames Chase Forest Centre, Pike Lane, Uppminster RM14 2NS
Email: enquiries@thameschase.org.uk
Website: www.thameschase.org.uk
Thames Chase Charity no: 1115627 Company no: 5687558



Thames Chase February Half Term: Drop In Crafts



Wednesday February 21st
10.30am-12.30pm

Come along to our drop in children's craft activities this February half term
Children can make and decorate their very own bird headdress, bird wings and bird feeder

We ask for a donation towards materials, which is payable on the day
Children must be accompanied by a parent/carer at all times

This activity is suitable for children aged 3 years and over
No booking required this is a drop in session



For more information call 01708 642970 or visit the Thames Chase Forest Centre, Pike Lane, Uppminster RM14 2NS
Email: enquiries@thameschase.org.uk
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Thames Chase February Half Term: Decorate A Crate!



Tuesday February 20th
10.30am-11.30am
12 noon - 1pm

Looking for something different to do this February half term?
Come and decorate your own wooden crate at Thames Chase
You can be as creative as you like and more importantly, what will you keep in yours once you get it home?

Crates are £6 per child, to be paid upon booking
Bookings are non-refundable and parents/carers must accompany their child at all times

This activity is suitable for children aged 3 years and over
Call the Thames Chase Visitor Centre to book: 01708 642970



For more information call 01708 642970 or visit the Thames Chase Forest Centre, Pike Lane, Uppminster RM14 2NS
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YEAR 7

**WE ARE ONE; UNITED BY KINDNESS,
AMBITION AND RESILIENCE**

We are very proud of Year 7, who are now half way through their first year as Seven Kings students. We have celebrated lots of achievements this half term with the introduction of the 'Golden Ticket' as well as many merit badges and postcards being awarded. We look forward to celebrating more year 7 students who are 'Wearing the Crown' next half term
Mrs Rosenthal, Mrs Butt & the Year 7 Tutors

100 Merit Silver Badge



Congratulations to; **Darwish, Eloise, Lakshya, Ayman, Alysha, Aishah A, Laiba, Haji & Moez** who all received their 100 merit badges this half term, a great achievement!

A Night at the Musical



We were bursting with pride and so delighted to watch the Night at the Musicals performance. The students absolutely excelled themselves performing to a sold out audience. They worked so hard in the run up to their performance.



45 students have received the Golden Ticket this half term, this shows that they have demonstrated AMAZING oracy skills during a lesson or made an exceptional contribution to the school community. Well done to all of the winners



A special mention to **Eloise Obodai-Payne** who has just passed her Level 1 Ice Skating exam. She will also be competing in the National Synchronised Skating competition.



Congratulations to **Deivan & Rylan Virdee** who were interviewed on ITV news as part of their football clubs support of the 'Violence against Women & Girls' campaign for Redbridge Council. The boys were also awarded the 'Best Fashion of the Year' award at the Ilford Business Awards!

SUMMER EXAM DATES 2024

The first GCSE 9th May 2024
The last GCSE 19th June 2024
The first A-Level 15th May 2024
The last A-Level 21st June 2024

Contingency dates :- Timetabled for PM 6th and 13th June as well as the day of 26th June 2024

June 2024 These contingency days are designed to be used in the event of national or significant local disruption to examinations and all students must remain available for these dates should we need to use them. **Ms Gerard**

Year 8 Newsletter

Year 8 Teacher Praise

We have asked Year 8 teachers to write comments about students who have impressed them since January. **147 students** have enthused their teacher by their engagement with learning and received a letter home. We are so proud of you all!

We would like to extend our congratulations to **Yaseen Patel 8.1, Satinder Nandhray 8.2 and Miles Mussi 8.5** for their engagement with their learning in this term. All three students have received 5 or more praise this term from their teachers. This is a fantastic achievement and they can be very proud of themselves! Their excellent learning habits will continue to serve them well in year 8 and beyond.

Miss Khan, Mrs Sariman and the Year 8 Team



Zayn Rahman won the Jack Petchey award last month for his huge sense of community and has been working hard to raise awareness for causes he is passionate about. He did this by completing 5 and 10 mile walks, raising money for Diabetes UK and medical aid in Palestine. Congratulations Zayn, on your contributions to our community!

By Hoorain Jafari



Year 8 Leadership Team



Congratulations to the students listed below who have been chosen to take on various leadership roles within the year 8 community. After a rigorous application process each member was selected as a student leader and the Year 8 Team are immensely proud to share this news! More student leadership opportunities will be shared later in the year. The newsletter team is already in full swing, showing great teamwork! **By Hoorain Jafari**

| Year 8 Ambassadors: | Newsletter Team: | Motto Ambassadors: |
|--|--|----------------------------|
| Anjal Athwal Naif Barahim Yasin Ijaz Aiza Monir Miles Mussi Charuni Ponnambalam | Editor: Hoorain Jafari Reporters: Hiba Ahmed Eliza Malik Yaseen Patel Aaeithen Shahriar | Lyba Patel Aiden Walton |

Girls football captain, Liyana Azad, interviewed by Eliza Malik

How does being in a team help your performance?

"Being part of a team enables me to assess the players' current status and assist in strengthening their confidence."

How should you prepare for a match?

"In readiness for a match, it is essential to enhance skills through dedicated home practice, rigorous training, and fostering a positive mindset."

Boys football captain, Yashpreet Singh, interviewed by Aaeithen Shahriar

How do you feel after winning a game?

"After winning a game, I feel proud and celebrate with the team and praise the lads on their performance."

What responsibilities do you have as captain?

"As a captain, I always try to motivate my team before a game and in training and I always look at the positives of their performance and try to help them improve their game too."

What is the biggest challenge you, as a team, have to overcome when playing football?

"Obviously losing a game. After losing a game, I always try to focus on the positives and tell the lads to keep their heads up. In the end, you can always learn from your mistakes and the strengths of the opposing team. The loss from the game before is what pushes us to win the next one!"



On Thursday 14th March, Year 8 will be taking part in the NHS London Ambulance Service Lifesavers Schools Programme which aims to teach students the simple steps to follow when someone is in cardiac arrest and have the confidence to act quickly to help save lives.

They will learn vital skills such as:

- How to recognise someone in cardiac arrest
- How to treat someone in cardiac arrest
- How to use a defibrillator



Samantha Palfreyman-Jones, Head of First Responders at LAS, says: *"We know that by teaching life-saving skills in schools and giving children the confidence to use a defibrillator, more lives will be saved in those crucial minutes before an ambulance arrives. Our partnership with schools is game changing because it will not only help us train hundreds of people every day, but also engage with new communities. Most cardiac arrests happen in the home, so we are telling children that by learning these simple skills, they could save someone they love"*



Ms Rosenthal

Year 9 News

It has been an absolute pleasure to hear students articulate so eloquently and thoughtfully about their options during form times, student interviews and in their taster sessions. Year 9 have really impressed the year team with their attitude to this important part of their school journey and it has been great to hear students talking around the corridors and in form time about their choices.

Keep up the great work Year 9, the whole team is very proud of you!

Miss Withnall, Mr King and Year 9 tutors



Golden Letters

Well done to the below students who received a golden letter for an excellent interim. This prestigious award is only given to the top 10% of students with the most golds on their interim. A very well done to you!

Michelle Okena, Hadi Hai, Niranjana Thiyagaraajan, Jashwiny Sutharsan, Smiruthi Bharathisubramaniasivambaskar, Jannath Firdaws, Arian Yusuf, Imogen Ferraby, Tahoorah Haque, Ibrahim Hussain, Veronica Akphekhai, Inayah Butt, Rayhan Yasin, Deen Mir, Maryam Ali, Aarav Sonani, Lania Rahim Hama, Jayshiha Jeyakumar, Ayesha Shoaib



Student Newsletter

We recently asked for volunteers to be involved in a Year 9 newsletter and I am pleased to say the inaugural edition of 'The Termly Crown' has been released to students. This is completely student led and organised and we have been so impressed with the standard of publication. This term's newsletter has focussed on 'Options' and 'Managing Stress'. The students below have been involved in the publication with editor **Hana Bobat** pulling it all together. A fantastic achievement!

Hana Bobat, Ayesha Shoaib, Maryam Ali, Rayhan Yasin, Sanaa Patel, and Ria Ghick

RE short course

We are really impressed with the level of focus our Year 9 students have shown in their Religious Studies Short Course GCSE. The discussions and debates really show us how GCSE ready this cohort are. In preparation for the summer GCSE exam, we have scheduled a mock exam. The exam will assess half the course, Religion, Peace & Conflict and the Christian Beliefs unit, it will be 55 minutes in length and take place in the hall where students will sit in their allocated seats. The date of the mock is **Thursday 7th March**. We suggest students use their notes from the lesson as well as the revision guide they have purchased to support their revision, we would also advise students to use the strategies they have been taught in their Learn 2 Learn lessons such as constructing mind maps in order to support their revision of topics. A folder of past paper exams has already been shared on google classroom, we advise students have a go at answering some of the questions and then marking them using the mark schemes. Engaging with past papers and mark schemes is an excellent method of revision which students will need to become familiar with for their GCSE's, so any practice right now will only benefit them.

Ms Moosa

Year 10 News

Excellence

Year 10 Drama pupils recently undertook their Drama practical exam. This was their opportunity to shine and really showcase their drama skills. Being part of the audience during their final performances was an absolute privilege and created an immense sense of pride. They showed resilience, confidence and expression in their roles; they were full of emotion and so powerful. Well done Year 10 - we are so very proud of you.



Upcoming Dates:

Please be aware that Year 10 students will all be undertaking **subject feedforward assessment from Monday 26th February- Friday 8th March**. Assessments will be completed in class and students with access arrangements will receive as allocated.

This assessment provides a great opportunity to secure feedback on current strengths and weaknesses for students and will help inform actions that need to be taken in the build up to the mock exams calendared for December.

The assessments will also help departments accurately assess students current and predicted grades ahead of the **Year 10 interims on Friday 26th April and learning conversation evening (formally Parents Evening) on Thursday 9th May**.

You can support your children by reminding them of effective techniques they have been learning about at school and testing their knowledge.

| | | | | | | | | | | | |
|--|---|--------------------------------------|--------------------------------------|---------------|----------------------------------|----------------------------------|---------------|--------------------------------------|----------------------------------|---|--|
| Three Hour Rule | When Deciding What To Revise..... <div style="display: flex; justify-content: space-between;"> <div style="border: 1px solid green; padding: 5px; width: 45%;"> Do: <ul style="list-style-type: none"> ✓ gather information about the topics which you need to revise. ✓ break subjects and topics down into manageable chunks. ✓ choose topics which you don't already know or find difficult. ✓ keep a record of the topics you have chosen to revise and the revision you have completed for these topics. </div> <div style="border: 1px solid red; padding: 5px; width: 45%;"> Don't: <ul style="list-style-type: none"> ✗ spend more time making lists of what to revise than actually revising. ✗ use the power of the subconscious to do your revision for you. ✗ revise topics you simply do not know or which you do not already understand. ✗ neglect personal time and even the areas which you need to revise. </div> </div> | THE POMODORO TECHNIQUE | | | | | | | | | |
| <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="background-color: yellow; text-align: center; width: 15%;">Hour 1</td> <td style="background-color: blue; color: white; text-align: center; width: 30%;">Reactive Study / Proactive Study</td> <td style="background-color: blue; color: white; text-align: center; width: 30%;">Non Study / Personal Choice Activity</td> </tr> <tr> <td style="background-color: yellow; text-align: center;">Hour 2</td> <td style="background-color: blue; color: white; text-align: center;">Reactive Study / Proactive Study</td> <td style="background-color: blue; color: white; text-align: center;">Reactive Study / Proactive Study</td> </tr> <tr> <td style="background-color: yellow; text-align: center;">Hour 3</td> <td style="background-color: blue; color: white; text-align: center;">Non Study / Personal Choice Activity</td> <td style="background-color: blue; color: white; text-align: center;">Reactive Study / Proactive Study</td> </tr> </table> | Hour 1 | Reactive Study / Proactive Study | Non Study / Personal Choice Activity | Hour 2 | Reactive Study / Proactive Study | Reactive Study / Proactive Study | Hour 3 | Non Study / Personal Choice Activity | Reactive Study / Proactive Study | <p>Wishing our Year 10 pupils, parents and carers a happy half term break.</p> <p>Good luck with your upcoming feedforward assessments!</p> <p>Mrs O'Brien, Mrs Sehmbly and the Year 10 Team</p> | |
| Hour 1 | Reactive Study / Proactive Study | Non Study / Personal Choice Activity | | | | | | | | | |
| Hour 2 | Reactive Study / Proactive Study | Reactive Study / Proactive Study | | | | | | | | | |
| Hour 3 | Non Study / Personal Choice Activity | Reactive Study / Proactive Study | | | | | | | | | |



Year 11 News



As we reflect on this half term we are incredibly proud of the resilience, perseverance, and strength displayed by our Year 11 students. They continue to shine brightly, demonstrating their unwavering determination to succeed. They have embraced challenges as opportunities for growth and learning, refusing to be deterred by setbacks or obstacles along the way. Moreover, our students have not only overcome personal obstacles but have also supported and uplifted one another along the way. Their acts of kindness, compassion, and encouragement have fostered a sense of unity and belonging within our school community, creating a positive and supportive environment where everyone feels valued and appreciated. They continue to follow our motto and show Friendship, Excellence and Opportunity in all they do.

Miss Charitou, Miss Barrett and the Year 11 team

Going for Gold! *Students that have achieved 5 x EXP Grades including English Language & Maths*

Excellent Progress in English

Students that have raised their grade in English by one or more since November

AHMED Aisha
 AHMED Eisa
 AHMED Ruqqayah
 AHSAN Mustaqim
 ALAM Samiul
 AMIR Rayyan
 AMMAR Ammar
 ANWAR Fatima
 ARAVINDAN Nilavan
 AROUMOUGAM Arvind
 ASHOKNATHAN Laveana
 BASSI Reena
 BEGUM Rezwana
 CHOUDRY Maariya
 CHOWDHURY Areeb
 CHOWDHURY Rayyan
 COJOCARU Luca
 COLE Monife

DEMAJ Aren
 HOSSAIN Fabiha
 HOSSAIN Faiza
 HOSSAIN Farha
 HUNDAL Anoop
 HUSSAIN Mariyah
 HUSSAIN Yumna
 ISLAM Ehsan
 JAISHANGAR Jaishree
 JAMIL Abiha
 KHAN Amirah
 KHAN Kainat
 KHAN Sinan
 KHAN Yumna
 KUGATHAS Bavana
 MALIK Inaaya
 MARWA Navjot
 MEER Jarif

MOHAMMED Rayyan
 MOSAMMAT Jafreen
 NATHA Haleema
 PATEL Muhammad
 PATEL Safeerah
 RAHMAN RIDWAN Ubaidur
 RANA Avni
 SAEED Yusuf
 SALEEM Sahar
 SAYED HASSEN Hamza
 SEHGAL Jasminder
 SEHMI Pavan
 SHAHIED Shefat
 SIDDIQAH Humairah
 SINGH Sahil
 SUSITHARAN Saindhavi
 THOMAS Ritik
 TIDMARSH Jude

KHAN Ashraf
 JAMALUDDIN Maryam
 MOSAMMAT Jafreen
 RAHMAN Lamees
 TIDMARSH Jude
 KHAN Sinan
 ALI Aiza
 BAIG Zayn
 MALIK Mariya
 PATEL Fayaadh
 THAKKAR Siya
 THAYAPARAN Thanoushan
 ZAMAN Muhammad
 ANWAR Fatima
 THOMAS Ritik
 UBENYI Obiajulu
 DESAI Muhammad

Excellent progress in Maths *Students that have raised their grade in Maths by one or more since November*

Excellent progress overall

in

a range of subjects

SINGH Mankaran
 TIDMARSH Jude
 ARAVINDAN Nilavan
 SASIKARAN Aaran
 KABIR Maryam
 ANWAR Fatima
 MALIK Avni
 THAKKAR Shiv
 HUSSAIN Mariyah
 HUSSAIN Yumna
 AROUMOUGAM Arvind
 DERIA Salahaldin
 ISLAM Salikin
 KOSARA Amrutha
 HAQUE Inayah
 PREMKUMAR Suchit
 AMIR Rayyan
 KHAN Amirah

KHAN Ashraf
 THAYAPARAN Thanoushan
 AHSAN Mustaqim
 AHMED Aisha
 GETACHEW Caleb
 DEMAJ Aren
 JEGENDIRABOSE Janahi
 KHAN Yumna
 COLE Monife
 PATHAN Zahra
 MALIK Inaaya
 COOPER Adam
 MOHEMED SAROON Deeshan
 ISLAM Ehsan
 MOSAMMAT Jafreen
 RAHMAN Lamees
 BAIG Zayn

BASSI Reena
 OLIIYNYK Nicholai
 GOWRISANGAR Hani
 HASAN Syed
 SUSITHARAN Saindhavi
 ALI Yasmin
 RANA Avni
 MUSA Fatima
 KAZMI Ali-Haider
 HAQUE Daniyal
 HUNDAL Anoop
 NAS-OMOGIAFO Faith
 GADAKHEL Hesham
 MOHAMED Marwan
 MOHAMMED Rayyan
 GAJIA Zakariya

KHAN Ashraf
 ARAVINDAN Nilavan
 RAHMAN Lamees
 HUSSAIN Mariyah
 AHMED Aisha
 KABIR Maryam
 TIDMARSH Jude
 MUSA Fatima
 HUSSAIN Yumna
 GOWRISANGAR Hani
 HASAN Syed



Maths News

TOP 10 SPARX MATHS STARS

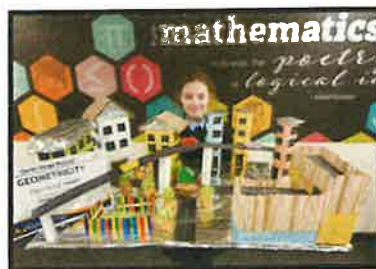
| Name | Form | XP Points |
|--------------------|------|-----------|
| Emaan Ali | 7.5 | 90,699 |
| Tarunno Biswas | 7.5 | 54,157 |
| Laiba Mariam | 7.3 | 48,000 |
| Naif Barahim | 8.2 | 40,899 |
| Harkeerat Nandhray | 7.1 | 33,503 |
| Umaiza Nawab | 7.1 | 32,599 |
| Azmain Sarwar | 9.4 | 32,313 |
| Abeerah Saleem | 7.6 | 28,965 |
| Reyansh Gupta | 7.3 | 26,356 |
| Asmaa Ali | 7.1 | 25,153 |

Ms Ahmad



GEOMETRICITY

A City Made of Maths



KS3 students took part in the Geometricity Competition this half term and were set a challenge to build a city made of geometric shapes. Please join us in congratulating our top three entries:

1st - **Sindy Troka** 7.6
2nd- **Shawsi Agrawal** 7.1
3rd- **Dhanusshan Ponnambalam** 8.3

We also saw excellent entries from:

Aishah Ali 7.3
Aisha Desai 7.4
Abdullah Kazi 7.2
Azmain Sarwar 9.4
Gurneet Singh 7.2
Vanessa Zuravskaya 7.2



Pupil Support Students Excel



Our students continue to excel both inside and outside school. In January Ms Withnall and Ms Rahman took a group of swimmers to the Aquatics Centre where they got second place silver medals, competing against schools from East London and Essex. Congratulations to **Miles, Nevaeh, Alayna, Kamsi and Ilda** in Year 7, **Ismaeel** in Year 8 and **Mushfiq** in Year 9. There are lots of sporting opportunities coming up and we have signed up for the London Youth Games Adapted Inspire Festival in March.

Our Year 10 and 11 students have started looking at post-16 pathways. Janet from Project Search, the supported internship programme with the NHS, has come in to talk to our Tutorial Support classes about the opportunities this gives them. She spoke about how well **Zaem and Adam** from last year's Year 11 are doing on the programme so far and is looking forward to receiving applications from our EHCP students. Here are **Adeeb** and **Shandana** exploring some of the career paths available in hospitals in the Barts Trust.



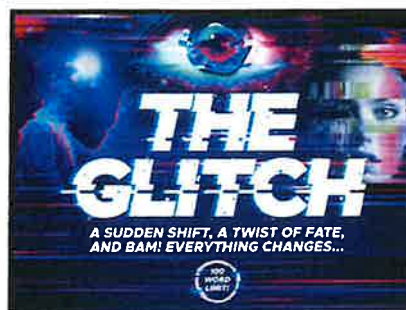
We are delighted that Janet will be coming to our next SEND coffee morning on 1st March, along with Theresa from Connexions, the Careers Advisory Service, and a representative from Barking and Dagenham College.

Ms Coleman



English Newsletter

In English, our Year 9 students enthusiastically participated in the Young Writers Glitch competition, where they crafted compelling 100-word dystopian stories. We are thrilled to announce that an impressive 29 of our students have earned the honour of having their works featured in a published book!



In the year 2147, an endless, desolate cityscape lay beneath a thick, uniform grey sky. Silent drones, reminiscent of mechanical hawks, patrolled the skies, dissecting the frozen streets below. Amid this glitched urban landscape, a clandestine group of courageous teenagers, driven by defiant determination, gathered in hidden underground meeting spots. Within those covert chambers circulated forbidden literature—a rebellion against the intentional promotion of ignorance. In a world demanding conformity, a constant undercurrent called "The Chromatic Revolt" pulsed beneath the city's facade, dedicated to reviving uniqueness and resisting the bland uniformity enveloping society. - **Aasiya Desai**

Everything vanished. Streets, once vibrant, now lay desolate, shrouded in ashen shadows with embers ablaze. Robotic cries from a bygone era echoed through holographic remnants. Fractured. Whispers of rebellion reverberated, transmitted through the voices in my head. BLOOD AND CHAOS coursed through my veins. Superiors sought another chapter for humanity—an end to life and the inception of an unconscious reality. Motionless, amidst a menacing confrontation, I dismantled the holographic veil, revealing true anarchy. The fall of illusions and the rise of a resilient fire forging a new reality witnessed by the pixelated night—Nahima; a beacon against orchestrated darkness. - **Veronica Akpheokhai**

All students who will have their work published below:

Aaminah Khan, Aarav, Aasiya, Aleena, Ameera, Antony, Arian, Deen, Fatima, Hadi, Hubab, Nyla, Rayhan, Sakib, Sana Mohamed, Sanaa Patel, Shifa Musa, Imaan, Inayah, Isa, Jaya, Maya, Mohammed-Zayan, Nathan, Niranjana, Srijan, Taha Ahmed and Veronica.



Reading to get involved?

Additionally, we are excited to share the launch of our Year 9 Library Reading Club, which has garnered significant interest among our students.

English A level creating a buzz

The advantages of taking English Literature A level were explored by Year 11 students at a buzzing lunchtime drop-in session hosted by teachers and sixth form students.

The English A level course includes 20% coursework and the opportunity to develop superb critical thinking, analysis and communication skills. Many students combine English A level with other humanity subjects, Maths or Science.

Ms Creyke



Language Learning Supported by Film and Cinema at the British Film Institute



The Modern Languages Department has a series of visits to the British Film Institute this year, with workshop days for pupils on the benefits of film in language learning. The first of these was taken by Ms Luo and Mr Ferraby on Thursday 8th February - a Year 9 study day focussing on Family, Culture and Modernity in Chinese Cinema. Here are some comments from our young linguists!

"I really enjoyed the trip and found it really beneficial in learning about Chinese media and culture. The workshop gave me an insight into how Chinese New Year is celebrated, the family unit in China, democracy in schools, and much more. I found it very interesting to compare the similarities and differences from here and China, as well

as life for us and life for Chinese people." **Inayah B**

"The trip was a fun and immersive experience and helped with exploring the themes commonly found in Chinese Movies and how factors such as humour and dialogue differ in China. This is going to help me with my Mandarin learning as I will be able to identify and translate given sentences at a fast pace." **Michelle O**

"I found this really useful and I learnt that all Chinese cinemas would talk really fast so I would need to learn the vocab a lot more. Also they wouldn't use the 'tones' that much." **Imaan N**

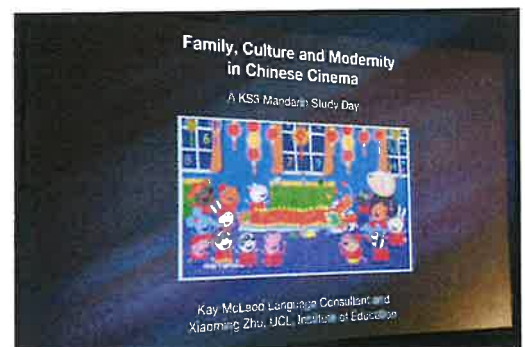
"I thought the movie was really fun and interesting to learn about the culture behind it. Meeting the writer of the Jinbu textbook was also cool. The mini clips/films were also good to give a visual idea of how they live and their cultures that they follow everyday in comparison to how we live." **Shruthi B**

"I thought that the trip was really fun and interesting at the same time because I got to learn about Chinese culture and how families were in China back then." **Smiruthi B**

"I enjoyed watching the clips and answering the questions about them and the vocab on one of the pages. This can help me with my mandarin learning because I can use the vocab in my work." **Jashwiny S**



The Languages
Department
语文系



Are you caring for a child who is not yours?

Private fostering is when someone who is not a close relative cares for another person's child under the age of 16 (18 if disabled) for 28 days or more.

A close relative is considered to be an aunt, uncle, grandparent, step parent or siblings. Friends of the family and other family members such as cousins or great aunts are not classed as close relatives for the purposes of Private Fostering, neither are families hosting overseas students who are being educated in the UK.

You need to legally notify us of any private fostering arrangements in Redbridge to ensure the child is safe.

Please contact Redbridge Children's Services on 020 8708 3885 or by email CPAT.Referrals@redbridge.gov.uk
For more information please visit our website: <https://www.redbridge.gov.uk/private-fostering>

SK - Opportunity (CLUBS)

There are many opportunities for students to take part in extra-curricular activities at Seven Kings. A large number of clubs and activities take place outside lesson time. Staff are committed to providing different opportunities to enrich the lives of our students. From Dodgeball to Tranquility Club and Eco Club to Music Tech Club we have a rich variety.

Our motto of Friendship Excellence Opportunity is central to everything we do and this is why we are asking you, the parents and carers, to support us in making our club offer even more ambitious!

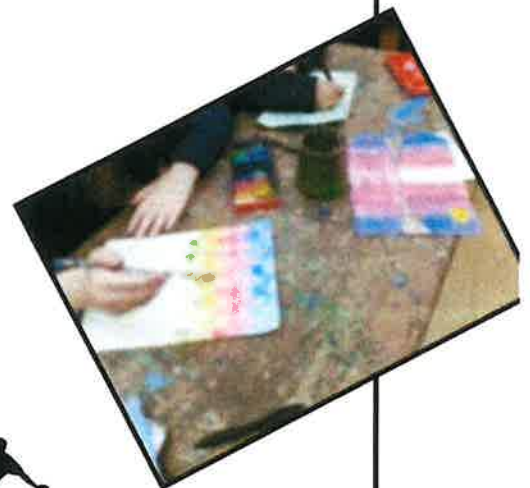
We would love to hear your ideas around what clubs you would like to see offered at Seven Kings School. Please be as ambitious as you like with your ideas and suggestions!

Please use the link below to complete the Google Form by Monday 26th February

<https://forms.gle/rPW1n7xXA1u4ghPV7>

Please ask your child to check their google classrooms as we want to hear their voice too

Mr Robinson





SKSL Seven Kings School Library

Seven Kings School Library is continuing to grow. The continuing push towards being a reading community is palpable. The libraries are stocked with exciting new books that are truly representational and Primary classrooms are making excellent use of their exciting books with the pupils borrowing and reading voraciously! We're going to continue to strive to make our whole community a reading community and the stats show that we have made a great start to the year:

| | |
|---|---|
| Top Reader: Reyansh Gupta 7.3 125 Books | Reyansh has borrowed the most books this year so far. Well done! |
| Top Reading Form: 4.3 877 Books | 4.3 continue to read the most books and are the top reading form. |
| Top Reading English Class: 7E 352 Books | 7E have gone back above 7F to take top spot so far this year... |
| Top Reading Year Group: Year 4 2,404 Books | This averages out to about 20 books for every pupil so far this year. |
| Total Issues this school year: 16K | 2K more than this point last year |

Big thanks to the team of **Student Librarians** for keeping on top of the shelving: **Sana Ugradar 7.1, Hana Moosa 7.5, Hibah-Maryam Ahmed 7.6, Aiden Walton 8.5 and Iram Huq 8.5.**

Massive thanks to the **6F Electives Student Librarians**: **Abduallah Abdur-Rahman 6F.02, Ifrah Bhatti 6F.01, Fatima Faisal 6F.07, Mahdi Hasan 6F.04, Soumik Hossain 6F.12, Khadija Islam 6F.07, Harine Kajendiramoorthy 6F.03, Umna Khan 6F.17, Zaira Khanom 6F.06, Hafsa Maka 6F.10, Safiya Namazi 6F.05, Zaynab Naveed 6F.08, Ishita Pandya 6F.04, Zaheda Patel 6F.17, Kristina Popa 6F.11, Abiraa Ramathas 6F.04, Rathusa Ratnarajah 6F.16, Rameen Shahbaz 6F.09, Thusana Shanthakumar 6F.15, Ishahini Thuraisingam 6F.05 and Zainab Umarji 6F.08**

Wheelers is available for **eBooks** even when the library is closed. Simply log into your gmail then goto <https://sevenkings.eplatform.co/> and sign in to gain access. **250** eBooks have been borrowed this year.

SKSL <https://uk.accessit.online/svn07/#!landingPage> is always available to browse, submit reviews, place reserves and make reading lists. Simply sign into your gmail then go to the site and click on the Login via SSO button to get instant access. Please let me know if you have any ideas about how this should look or what else should be included.

I am always eager for new book **recommendations** from Students. Any books you have read and loved or books we don't have that you want to read please email m.leeming@sevenkings.school and let me know and I will do my best to get them into stock for you. You will be responsible for shaping the library stock.

Don't forget to make use of your local **Public Libraries** <https://www.redbridge.gov.uk/libraries/> Make sure you are signed up and have your library card and PIN. This will give you access to **Libby** <https://help.libbyapp.com/en-us/6103.htm> and thousands of eBooks, audioBooks, Magazines and Graphic Novels. Magazines available for free include The Economist, FourFourTwo, New Scientist, BBC History and more all available on your mobile or tablet.

Many, many thanks for all of your **donations**. This year **630** books have already been donated totaling **£4.5K** of books! The books donated to Primary and Secondary are helping to fill the shelves and broaden the minds - keep them coming...

Any **comments**, suggestions, recommendations, problems or praise please email m.leeming@sevenkings.school

Join Seven Kings **Fantasy Premier League** <https://fantasy.premierleague.com/> **SKSL FPL 2023-2024** with the code: **763ygd Samiul Alam 11.2** is maintaining a healthy lead with an impressive points tally. Mr. Leeming is currently struggling in 8th place and having to take big risks on some differentials... If you have a team and have not signed up yet - what are you waiting for?

"To learn to read is to light a fire" — Victor Hugo, Les Miserables



@SKSLOnline



Seven Kings School Library Thanks, **Mr. Leeming** | School Librarian

The Seven Kings Active Travel Map



Following our successful Safer Street Scheme, a working party of Year 7 and 8 students have been working on a project with PWLC Projects and Mrs Butt and Ms Sariman, to create an active travel map for Seven Kings students and families. They have worked very hard and we now have published maps showing a 10 minute walking zone and a 20 minute walking zone. These maps are to highlight the benefits of active independent travel and to encourage all students to walk or cycle to school. If your child does travel by car, please drop them 10 minutes away and they can walk the rest of the way with their friends.

Last Friday our Travel Ambassadors presented a wonderful assembly to Year 7 and 8, where they highlighted all the benefits of walking to school. A huge well done for all their hard work. All students in Year 7 and 8 were given a map to bring home. We will be giving maps to the rest of the school and copies are available from the school reception too.

The students involved were:

Year 7 - Miles Irvine, Zacky Chummun, Halle Playforth, Daniel Obafemi and Alex Harris

Year 8 - Fatima Ali, Yaseen Patel, Miles Mussi, Vinessha Jeyavarman and Mohiuddin Razaq

In addition, PWLC held a competition for a strap line for the map

and the winners were:

Hibah-Maryam Ahmed and Aaminah Esa Year 7 and Muhammed Naif Year 8

The winning strapline was "walking to school is cool, don't take a ride, take a stride"

Well done to our winners too!

Mrs Butt and Ms Sariman



The Redbridge Education Awards 2024



REDBRIDGE COUNCIL PRESENTS
**REDBRIDGE
EDUCATION
AWARDS
2024**

Celebrating individuals
who are shaping
extraordinary futures

Sixteen award
categories, including:
Teacher of the Year,
Employee of the Year,
and Champions for Change.

NOMINATE NOW!



www.redbridge.gov.uk/redbridge-education-awards



Families are invited to nominate any school staff. Please find the link below to vote:

<https://www.redbridge.gov.uk/schools/redbridge-education-awards/>

The closing date for all nominations is Friday 22 March.



**New Year
New Challenge**

Redbridge

Foster for Redbridge

020 8708 6068
fostering@redbridge.gov.uk



SK FOODBANK

Sainburys at Barkingside very kindly donated £75 worth of shopping to our Foodbank.

Pictured here are Davinia (Store Manager) and Jas, who not only organised this, but donated a bag of toiletries herself!

We are very grateful for their kindness and generosity. Incidentally, Davinia's children used to be students here; as we always say, once Seven Kings always Seven Kings!

A reminder that our Foodbank is open every Friday from 3.30-4.15pm.

We also have a large selection of good condition preloved uniform for primary and secondary, so please come and see us.

Sainsbury's



Price Increase From Accent Catering

In order for us to continue providing fresh, great quality food, we have had to introduce a tariff rise on hot food at morning break and lunchtime.

This is due to the sustained inflation on food and fresh ingredients that we use everyday.

Pupils eligible for FSM will still be able to purchase the meal deals available with the current allowance, and we will be introducing some new meal deal options and eligible FSM pupils more choices everyday.

The increase will be in place from Monday 26th February 2024.

Accent Catering

The Tariff

BREAKFAST

| | |
|-------------------|-------|
| Croissants | £1.50 |
| Pain au Chocolate | £1.50 |
| Fruit Pot | £1.00 |

DRINKS

| | |
|----------------|-------|
| Pure Juice | £1.00 |
| Water (500ml) | £1.00 |
| Radnor Fizz | £1.10 |
| Radnor Splash | £1.10 |
| Flavoured Milk | £1.00 |
| Suso Cart | £1.50 |

COLD GRAB & GO

| | |
|------------------|-------|
| Simple Sandwich | £1.80 |
| Baguette | £2.15 |
| Special Sandwich | £2.50 |
| Cold Pasta Pot | £2.00 |

BAKERY / SNACKS

| | |
|----------------|-------|
| Whole Fruit | £0.50 |
| Fruit Pot | £1.00 |
| Jolly | £0.80 |
| Cold Dessert | £1.50 |
| Coffee | £1.50 |
| Home Bake | £1.50 |
| Belgium Waffle | £1.50 |
| Nachos | £1.20 |
| Popcorn | £1.20 |

MID MORNING BREAK

From £1.40

| |
|--------------|
| Garlic Bread |
| 1/2 Panini |
| Hash Browns |

From £1.70

| |
|----------------------------|
| Halal Chicken Sausage Roll |
| Quesadilla |
| Margherita Pizza Slice |

From £2.00

| |
|-----------------------------|
| Giant Pretzels |
| Halal Pepperoni Pizza Slice |
| Topped Waffle Fries |

LUNCH MENU

| | |
|----------------------------|-------|
| Main Meals | £2.20 |
| Global Eats From | £2.50 |
| Jacket Potato With Topping | £2.20 |
| Soup | £1.10 |
| Homemade Bread | £0.50 |
| Hot Dessert | £1.00 |
| Meal Deal | £2.10 |
| Home Bake | £1.50 |
| Cookies | £1.50 |
| Cold Dessert | £1.50 |
| Panini | £2.20 |

FOOD ALLERGENS & INTOLERANCES

The menu and packaging clearly identify where allergens are present in our dishes and products ready to eat. The school does not prepare food using a range of ingredients, please see our menu at the end of the year for more information. Whilst we do not intentionally contain any allergens, we do not have a dedicated allergen-free kitchen.

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Look out for our
Theme Bars

FREE SCHOOL MEALS
 Any 2 separate items!
see poster for details

MEAL DEAL
 Check out what's on offer today!
Available for Free School Meals

JACKET POTATOES
 WITH ALL THE BEST TOPPING!

SALAD BAR
 Freshly prepared every day!

FASTA BAR
 Served everyday
£2.20



PE SPORTS NEWS!

An action packed half-term for the PE department at SKS! Pupils continue to show an excellent attitude towards PE lessons and a real appetite to increase their knowledge, understanding and skills whilst challenging themselves to improve! This half term has also seen the launch of our leadership programme where our Year 10 pupils have supported specialist PE lessons for pupils at the primary site. Well done to all that were involved! We also saw the exciting basketball trip at the Olympic Copper Box stadium, where 30 pupils went to watch the London Lions basketball team in action.

The primary and secondary PE extra-curricular clubs programme continues to host great numbers, with a combined total of 29 after school, before school and lunchtime clubs on offer. Local school team fixtures and competitions have also really taken off, with selected pupils representing the school in various sports in both regional and local competitions - including the Football, Junior NBA, Primary Dodgeball, Judo and Swimming Panathlon! A huge thank you to all members of staff for their commitment towards the extra-curricular programme, and a special mention to the following members of staff for their contributions **Mr Chapman, Mr H Odedra, Mr Edobor, Mr Mallick and Mr Harrison - thank you!**

SKS PE Department



BASKETBALL TRIP

We took 27 lovely students to go and watch Lion Lons vs Wolves Vilnius in the EuroCup at the London Copper Box, Stratford. The game was brilliant with students enjoying the atmosphere and watching the skill of professional basketball players. However unfortunately the Lions lost 85-80 with it being a very close scoreline in the final quarter.



PRIMARY:

Leadership Club

On the primary site we have begun a Year 6 Leadership Club. Each week the children have been learning about the different skills involved in being a leader. They have had opportunities to lead the group in different activities as well as working together to complete problem solving challenges. They will be looking to apply their leadership skills next half term by delivering small sessions to our younger year groups.

Judo Festival



Seven students recently took part in the Redbridge Judo Festival and had the opportunity to learn some fantastic judo skills with the Tokyo 2020 Olympian, Gemma Howell.

The day was split into two parts with the morning session giving the children the chance to experience the different ground moves including grappling and defensive positioning. During the afternoon, our judo Kings were taught different moves from a standing position before having short timed matches against children from other schools around the borough.



As a result of the children's enthusiasm, we are now looking to run our own judo club at school with the help of local organisations.



Handball Competition

Seven Kings Primary recently took part in the North East London dodgeball competition at Barking and Dagenham College.

As reigning champions, the Kings' hopes were high for a repeat performance this year.

However, those hopes were quickly dashed in a

close 6-4 defeat to Old Ford Primary. St. Vincent's were next up and Seven Kings got into their groove with a fantastic 8-2 victory. Kings then played Manorfield in another close game, losing 7-3 in the end. These results meant that the last game against Torriano was a dead rubber. Kings came out victorious 6-4 meaning that they finished the group in third place, but sadly not able to progress any further.



YEAR 7 BASKETBALL

The Year 7 basketball team completed their final round of the Junior NBA Championships games doing themselves proud in the prestigious national competition. In Redbridge, they narrowly lost 15-17 to local rivals Wanstead in a very exciting game and a special mention goes to **Muhammed Sanneh** who leads the scoring and assists for the season and has also starred for the Year 8 team! Next up will be the Redbridge borough tournament in March.



YEAR 8 BASKETBALL

The Year 8 Basketball Team continued their fine form with an aggregate 73-24 win against Wanstead. The team played especially well in the 4v4 games winning them all and going forward they will now focus on transferring this form to the bigger court and 5v5. We are looking forward to the Year 8 Festival in the next half term.



YEAR 10 BASKETBALL

The Year 10 team convincingly beat local rivals Wanstead in their first game 38-22 and played Ilford County High in their next Redbridge league match. Against a physical Ilford side the boys come out as worthy winners with some excellent fast-break play, keeping their 7 match unbeaten run. Result 32-16. After half-term, they look forward to further Redbridge league matches vs Loxford, Oaks Park and Chadwell after half-term.

YEAR 10 FOOTBALL

Quarter-final cup vs Trinity

In an exhilarating display of skill and determination, our Year 10 boys' football team showcased their talent against a formidable Trinity team, emerging victorious with a scoreline of 2-1. This hard-fought victory propels us into the semi-finals, further solidifying our commendable run in the competition.

Special recognition is due to **Jacob Gibbs**, who displayed remarkable prowess despite playing up a year, making crucial saves that kept us in the game when the pressure was on. **Jaipal Rathore** exhibited relentless energy and tenacity in the midfield, contributing significantly to our team's dominance throughout the match. A moment of brilliance came from **Micah**, whose outstanding free-kick found its mark, securing a crucial goal for our team. This collective effort, coupled with individual standout performances, underscores the dedication and hard work the boys have put into their training.

I urge everyone to extend their congratulations to **Jacob Gibbs, Jurgen Peka, Muhammad Hussain, Micah MarCarthy, Jameel Lawalson, Daksh Arora, Troy Harris, Jaipal Rathore, Rayyan Esa, Akshajen Balamuhunthan and Ziad Siddique**. Their commitment and resilience have been truly commendable, and they deserve all the recognition for their exceptional performance on the field.

Pep Chapman

NETBALL

Almost all netball games are finished, and we have completed the last few with a few of the following results. We will continue to train and get ready for the rallies that are upcoming after the half term. The Year 7 netball team had their final game against Valentine and drew 3-3. The Year 8 netball team have been committed and training hard and had their final game against Valentines and have finally managed to seek a win, winning 5-3. A well deserved win! The Year 9 netball team have continued with their excellent game play, gaining a win against Loxford and had a close game against Ursuline and won 7-5. The Year 10 netball team have continued being undefeated and recently beat Ursuline. The team have become consistent, with great interceptions in defence and then becoming particularly effective at converting these into goals. The score was 11-6.





Year 10 Leadership

Over the past half term, year 10 students have had the chance to go over to the primary school and support in the PE lessons. They have shown fantastic communication skills, whilst engaging the year 4s and 5s in a variety of sports including dance, fitness, gymnastics and hockey. Well done!



Dates For Your Diary



February

- 26th—Return to school
- Y13 Targeted Parents' Meetings
- Student Council Meeting
- 26th-1st Match—Yr 12 Feed Forward
- 26th-8th March—Yr 10 Feed Forward
- 28th—Yr8 & Yr 11 Netball @Home vs Wanstead
- 29th—Old Kings Virtual 6th Form Open Evening
- Yr 8 Mandarin trip to Mandarin
- Yr 10 Basketball vs Loxford Redbridge League

March

- 4th—Yr12 Mock Business Exam
- 6th—Yr11 GCSE Netball Moderation
- KS3/KS4 Table Tennis Festival vs Trinity
- 7th—World Book Day
- Yr 11 Maths Mock Exam
- Yr 9 RE GCSE Mock Exam
- KS3 Spotlight Concert
- Yr8 Netball Rally vs Trinity
- 8th—Dr Jeff Powell delivering Economics Lecture to Yr 12
- 11th—Yr 8 HPV Vaccinations
- 12th—KS4 Recital
- 13th—New Kings Yr 12 Tours
- Yr9 Netball Rally @ Seven Kings
- 14th—Yr 8 Student Learning Conversation Evening
- Yr11 English Mock Exam
- Yr8 London Ambulance Lifesaver training
- Yr13 Maths Exam
- 18th—New Kings Yr12 Tours
- Yr10 Netball Rally at Chadwell
- 19th—Yr10 Spanish BFI Visit
- 20th—Yr9 Knife Crime Workshop
- 21st—Yr12 Student Learning Conversation Evening
- Yr7 Basketball Borough Competition @ Chadwell
- 28th—End of term



Seven Kings Geography department is thrilled to announce the formation of our brand new eco-committee!

Comprising of dedicated and passionate year 7 and 8 students, this initiative marks a significant step forward in promoting environmental sustainability within our school community. The primary goal of the eco-committee is to foster a culture of eco-consciousness within our school community. Through students collaborative efforts, and innovative ideas, we aim to implement tangible changes that reduce our ecological footprint and promote environmental awareness. Please see the list of our amazing eco-committee members below!

Year 7

| | | |
|-------------------------------|---------------------------|------------------------|
| Aaishah Ali | Hafsa Amir | Sofia Butt |
| Iyass Chowdhury | Ali Hussain | Amaarah Hussain |
| Sunit Khetarpal | Hateem Safdar | Qa'im Siddique- |
| Gurneet Singh | Deivan Virdee | |
| Vaisha Thavabalan | Noor Fatima Salman | |
| Darwish Mohamed Saroon | | |

Year 8

| | | |
|--------------------|----------------------------|---------------------|
| Aayan Dard | Munira Habib | Aryan Thaker |
| Liyana Azad | Charuni Ponnambalam | |

Ms Taylor